

# Hazardous Chemicals in the Home - the Health Connection

## *Alternatives to Common Household Chemicals*

based on information from *Natural Health Magazine*

Categories	Brand and potential dangers	Alternatives
All Purpose Cleaners	<p><b><i>Fantastik, Formula 409</i></b></p> <p>Many popular household cleaning solutions like <b><i>Fantastik &amp; Formula 409</i></b> contain a synthetic solvent and grease cutter called butyl cellosolve. This hazardous petroleum-based chemical can irritate your skin and eyes, and repeated exposure to it can cause permanent liver and kidney damage, and impair the body's ability to replenish blood supply.</p>	<p><b><i>SHAKLEE GET CLEAN BASIC-HP</i></b> Cleaner Completely safe.</p>
Bathroom	<p><b><i>Ajax, Comet</i></b></p> <p>Traditional scouring cleansers like <b><i>Ajax &amp; Comet</i></b> contain crystalline silica, an eye, skin and lung irritant, classified as "reasonably anticipated to be a human carcinogen" by the National Institute of Environmental Health Science. Chlorine, commonly used, is also extremely harmful to the respiratory system.</p>	<p><b><i>SHAKLEE GET CLEAN SCOUR OFF</i></b> Paste Completely safe.</p>
Glass Cleaners	<p><b><i>Windex, Glass Plus</i></b></p> <p>Window cleaning sprays like <b><i>Windex &amp; Glass Plus</i></b> contain ammonia, a suffocating gas, irritating to the eyes and respiratory tract. Many like Windex and Glass Plus, contain butyl cellosolve, a neurotoxin that's easily absorbed through the skin.</p>	<p><b><i>SHAKLEE GET CLEAN BASIC-HP</i></b> Cleaner Completely safe.</p>
Laundry Detergent	<p><b><i>Tide, All, Gain, Dash</i></b></p> <p>Most well known powders like <b><i>Tide, All, Gain &amp; Dash</i></b> contain corrosives that can burn the eyes and skin. Other chemicals include sodium bisulfate (a corrosive that can cause severe eye, skin and respiratory irritation), ethoxylated alcohols (which may contain 1,4-dioxane, which is "reasonably anticipated to be a human carcinogen.")</p>	<p><b><i>SHAKLEE GET CLEAN FRESH LAUNDRY</i></b> Liquid or Powder Completely safe.</p>
Dishwashing Detergent	<p><b><i>Cascade, Sun Light</i></b></p> <p>Two of the best selling brands of automatic dishwashing detergents, <b><i>Cascade &amp; Sun Light</i></b>, contain phosphates and chlorine—two extremely toxic chemicals. Phosphates released into the environment rob lakes and ponds of oxygen, leading to the suffocation of aquatic plants and animals. Chlorine fumes are highly irritating to the eye, throat and respiratory tract. Inhaling them can cause headaches, burning eyes, and breathing difficulties.</p>	<p><b><i>SHAKLEE GET CLEAN DISH WASH</i></b> Automatic Concentrate Completely Safe</p>